



Intertrust sponsored QuadKids - entry form

What is QuadKids?

QuadKids covers the core disciplines of running, throwing and jumping and is run in a quadrathlon format. Over the course of approx. two hours athletes will take part in four events with their performances being scored using a points table.

GIAAC starts the annual **QuadKids** season with a **free** "taster" event **Sunday 26th April**

The meetings **start at 10:00am**. In order to check in and warm up please arrive by **9.30am**.
To pre-enter this free event please e-mail your name and school year to the address shown below.

Other Sunday morning Quadkids events are planned for:
7th June, 12th July, 23rd August & 27th September

A **further** event will be held for the Colts as part of the annual Intertrust open meeting dates & timings to follow.

Each athlete's top three performances over the course of the season will count towards deciding the overall series winner within each of the age groups.

QuadKids events

Under 7's (R/yr1) 50m sprint/ Standing long jump 300m run / Mini vortex howler	Under 9's (yr2/yr3) 50m sprint / Mini vortex howler 400m run / Standing long jump	Under 11's (yr4/yr5) 75m sprint / 600m run Vortex howler throw/ Long jump
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A **one off** entry fee of **£12** will gain you entry to the main QuadKids series and will cover the cost of certificates awarded after each meeting etc. In addition if you **pre-enter** the main series by **1st May** you will receive a "branded" tech t-shirt with printed number to be used throughout the series.

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 (please complete in block capitals)

Surname:		Forename:	
Girl/Boy		School Year:	
T-Shirt size (Please circle)	5/6 7/8 9/11		
Please enter me for the QuadKids meetings (please enclose cheque for £12.00 payable to "GIAAC")		Name of Parent: Signature:	

Please hand completed forms to Nick Marley at the track or send to: **Nick Marley, Sedona, Courtil es Rouget, La Villette, St Martin's, Guernsey GY4 6QD**. Alternatively confirm by e-mail to mar.ley@virgin.net

Please note - due to the time required to enter individual name / race number into the QuadKids scoring program it is requested that you pre-enter.